

DRUMBA®

A curriculum aligned rhythm & movement framework

Where every child can take part and thrive

Through rhythm, repetition, music and group participation, Drumba creates an engaging and easily accessible way for children to move, learn and grow together. At its heart, Drumba exists to change children's relationship with movement, PE and music. In an increasingly digital and distracted world, children need physical activity and the arts more than ever to help them regulate, connect and express themselves freely. Drumba creates a different experience. One built around participation before performance, confidence before competition, and physical activity without comparison.

Experienced by
**1 MILLION
CHILDREN**
nationwide

Progressive learning
framework from
EYFS TO YEAR 6
and beyond

Trusted by over
**1,000
SCHOOLS**
across the UK

**INCLUSIVE P.E &
MUSIC INTEGRATION**
for both subject leads
and non-specialists

The world has **changed**

Schools are now facing growing challenges around engagement, movement, focus and emotional regulation, alongside increasing pressures around pupil confidence, participation and readiness to learn.

Drumba combats:

- ✔ Physical inactivity
- ✔ Reduced attention and focus
- ✔ Movement anxiety
- ✔ Emotional regulation
- ✔ Screen dependence
- ✔ Low confidence in PE
- ✔ Reduced participation
- ✔ Hard to reach learners
- ✔ Social disconnection
- ✔ Mental wellbeing

Children need more than screens and information. They need **opportunities to express themselves freely** without fear of failure, comparison or judgement.

At Drumba, we believe music and physical activity are not luxuries or enrichments, they are a **human need**. When children feel regulated, connected and confident in their bodies, they are far more ready to **learn, participate and thrive** across all areas of school life.

Why Drumba works

Drumba combines two of the most natural and joyful human experiences. **Music and movement.**

Through accessible routines and shared musical experiences, Drumba creates an emotionally accessible entry point into physical activity and learning.

Children move together, play together and succeed together.

The result is incredibly high engagement across all abilities, backgrounds and confidence levels.

For many children, traditional PE and performance based activities can create fear, anxiety and comparison. Drumba removes those barriers.

There are **no teams** to be picked.
No pressure to be the fastest.
No fear of getting it wrong.

Instead, every child experiences:

- ✓ Participation
- ✓ Success:
- ✓ Belonging
- ✓ Rhythm
- ✓ Expression
- ✓ Energy
- ✓ Confidence
- ✓ Teamwork

Music is a **universal language** and **every child** can take part.



Success without comparison

Drumba is inclusive. It creates accessible pathways into movement and learning for children who may previously have felt disconnected from PE, sport or performance based activities.

Drumba supports:

- ✔ SEND learners
- ✔ Hard to reach learners
- ✔ Children lacking confidence
- ✔ Pupils with movement anxiety
- ✔ Children requiring regulation support
- ✔ Different cultures and backgrounds
- ✔ Different abilities and fitness levels
- ✔ Boys and girls equally

Because the experience is rhythm based and collective, children naturally support one another rather than compare themselves against each other. The environment becomes energising, supportive and emotionally safe.

This is one of the reasons schools consistently report exceptionally high participation rates and engagement levels. Drumba gives children an early positive relationship with movement from EYFS upwards and its one that can stay with them for life.

Active learning & wellbeing

Drumba supports far more than physical activity.

Schools regularly report positive impact around:

- ✔ Engagement
- ✔ Attendance
- ✔ Behaviour
- ✔ Teamwork
- ✔ Focus
- ✔ School culture
- ✔ Confidence
- ✔ Readiness to learn
- ✔ Participation
- ✔ Emotional Regulation

The rhythm based nature of Drumba creates a **powerful sense of connection and collective energy**. Children feel part of something. For many schools, Drumba has become a key tool within wider wellbeing, inclusion and engagement for both pupils and staff.



What Drumba looks like in practice

Drumba is far more than a single PE lesson or musical activity. It is a flexible **whole school framework** that can be implemented across multiple areas of school life.

Schools currently use Drumba for:

- ✓ PE lessons
- ✓ Music lessons
- ✓ Junior leadership programmes
- ✓ Active brain breaks
- ✓ Interventions and nurture provision
- ✓ SEND and inclusion support
- ✓ Wellbeing and regulation sessions
- ✓ Transition activities
- ✓ Enrichment programme
- ✓ Before, during and after school club
- ✓ Community sessions
- ✓ Staff wellbeing initiatives
- ✓ Parent and child sessions
- ✓ Whole school engagement
- ✓ Whole school events
- ✓ Staff inset and training days

Whether used as a full curriculum implementation or short daily movement intervention, Drumba helps create a more **active, connected and engaged** school culture.

Curriculum aligned delivery

Drumba has been carefully designed to support both PE and music curriculum delivery from EYFS through to Year 6 and beyond.

The framework provides:

- ✔ Progressive units of work
- ✔ Structured lesson plans
- ✔ Physical literacy development
- ✔ Musical understanding
- ✔ Coordination and timing
- ✔ Agility and balance
- ✔ Rhythm and movement skills
- ✔ Confidence and participation



Every lesson is designed to be **easy to follow, engaging and practical** for all types of school environments.

Designed to support both specialist subject leads and non-specialist teaching staff.

Drumba helps schools deliver high quality PE and music with confidence while reducing planning pressure on staff.

Supporting teachers with confidence

Many schools face challenges around staff confidence in PE and music delivery. Drumba was specifically designed to remove those barriers.

Schools receive:

- ✓ Ready to use resources portal
- ✓ Follow along teaching videos
- ✓ Online tutorials
- ✓ Structured progression documents
- ✓ Curriculum guidance
- ✓ CPD and onboarding
- ✓ Ongoing support
- ✓ Leadership guidance for you

Teachers **do not** need to be musicians.
Teachers **do not** need specialist PE knowledge.

DRUMBA®

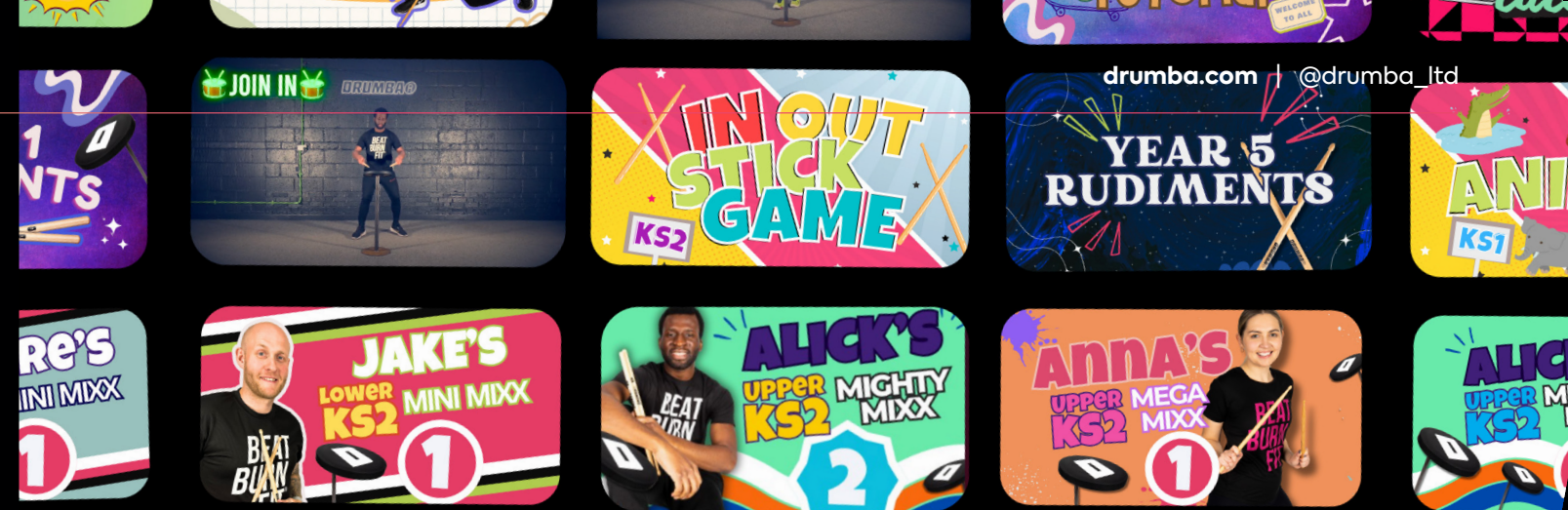
The framework and resources are already built. Drumba gives schools a practical and sustainable framework that staff can confidently deliver immediately.

The Drumba digital platform

The Drumba online platform gives schools instant access to an expansive library of resources and training materials. Designed specifically for schools, the portal supports long term implementation, consistency and progressive learning over time.

Schools receive access to:

- ✔ Lesson plans
- ✔ Follow along workout mixes
- ✔ Tutorial videos
- ✔ Teaching guidance
- ✔ Assessment tools
- ✔ Brain breaks
- ✔ Warm ups
- ✔ Intervention resources
- ✔ SEND friendly content
- ✔ Junior leadership resources
- ✔ Staff CPD and training videos



MiniMixes

under 10 minutes

- ✔ Wake and shake activities

Mighty Mixes

under 20 minutes

- ✔ Targeted interventions
- ✔ Brain breaks
- ✔ Transitions

Mega Mixes

up to full lesson delivery

- ✔ Staff wellbeing
- ✔ Group fitness sessions for KS2 pupils, staff and wider communities

Fully flexible implementation

Drumba can be implemented across:

- ✓ Individual schools
- ✓ IB settings
- ✓ MATS and federations
- ✓ Community organisations
- ✓ Independent schools
- ✓ Intervention programmes
- ✓ British international schools

Whether you are introducing Drumba to one class or implementing it across multiple sites, the framework is **designed to scale**.

Drumba supports consistent implementation across multiple schools, helping MATS and federations create shared approaches to movement, wellbeing and engagement. That is why Drumba offers flexible implementation pathways supported by training, onboarding and ongoing support / guidance.

Delivery, training & support

Drumba is a British curriculum aligned framework supporting schools both nationally and internationally.

- ✓ Worldwide equipment shipping
- ✓ Delivery and installation
- ✓ Staff onboarding
- ✓ Teacher CPD and training
- ✓ Remote onboarding
- ✓ Online CPD
- ✓ Distance learning support
- ✓ On-site training visits
- ✓ Leadership implementation guidance

Our framework aligns with:

- ✓ British Curriculum schools
- ✓ International schools
- ✓ IB settings
- ✓ Whole child learning approaches
- ✓ Wellbeing focused provision



Whether you are based in the UK, Europe, Asia, the Middle East or beyond, Drumba can be implemented successfully within your school environment.

Complimentary 14 day trial

Perfect for schools wanting to **explore** the Drumba platform and **experience** Drumba in practice.

*Online resources only

Includes:



Online resources



Digital portal access



Sample lessons



Introductory guidance

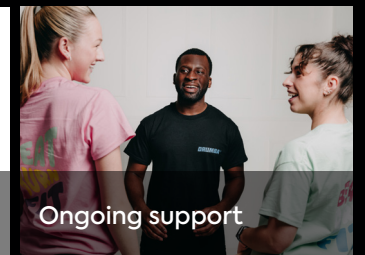
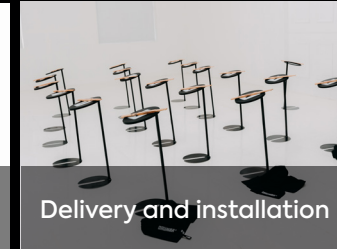
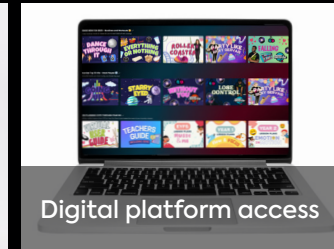
Ideal for initial exploration and staff introduction.



DRUMBA PLUS

A **full school implementation package** designed for sustainable delivery.

Includes:





BEAT
BURN
FIT

DRUMBA PRO

Leadership & Community

Our most comprehensive implementation package.

Designed for schools, MATS and organisations wanting to create long term culture impact and leadership pathways.

Includes **everything** in Drumba Plus, alongside:

- ✔ Instructor / teacher upskilling
- ✔ Junior leadership programme
- ✔ Community class support
- ✔ Wider implementation guidance
- ✔ Leadership development
- ✔ Advanced training support

Ideal for schools and teaching staff and pupils wanting to become active Drumba leaders within their schools and wider communities.



Become a **certified Drumba instructor**, or find a **local Drumba class**

Drumba Instructor Training is a separate licensing pathway designed for individuals, community leaders, fitness professionals, musicians, teachers and organisations

wanting to purchase equipment, complete official training and become licensed to deliver independent Drumba classes within their own local communities.

Certified Drumba Instructors can deliver:

- ✔ Adult group fitness sessions
- ✔ Community wellbeing classes
- ✔ Parent and child sessions
- ✔ Local evening and weekend classes
- ✔ Holiday and enrichment sessions
- ✔ Workplace wellbeing sessions
- ✔ Community outreach programmes
- ✔ Special events and taster sessions

Training takes place through **Drumba HQ** in England and includes:

- ✔ Practical delivery training
- ✔ Class structure and leadership
- ✔ Warm ups and cool downs
- ✔ Cueing and instruction
- ✔ Music and rhythm delivery
- ✔ Safety and class management
- ✔ Brand standards and implementation
- ✔ Online and on-site support

Once trained and licensed, instructors can run their own Drumba sessions within their local towns, villages, cities and communities.

Drumba classes are designed to be uplifting, engaging and accessible for a wide range of people and abilities, creating a powerful sense of energy, movement, rhythm and connection.

To find a local Drumba class or book instructor training, look out for updates through:

- ✓ The Drumba website
- ✓ Facebook groups and local listings
- ✓ Drumba social media channels
- ✓ Schools, leisure and community venues
- ✓ Community groups
- ✓ Local instructor pages

If there is not currently a class in your area, you can contact the Drumba team to register your interest or enquire about becoming a Certified Drumba Instructor yourself.

What schools are saying

“The way Drumba is designed **aligns perfectly** with, and **supports**, both our P.E and music progression and curriculum. It reflects our ethos and values, and ties directly into our ambition for pupils to **thrive across all areas of learning.**”

Amber Burton
Queensborough School, Kent

“One of the **best sports provisions** I have ever seen in school.”

Nicki Biggs
School Games Organiser
Sutton Road School, Mansfield

“A **unique P.E. experience** that keeps all of the children fit, engaged and having fun!”

Beatrice Smith
Headteacher
Willoughby-On-The-Woods Leicestershire,

Ready to experience Drumba?



Scan the QR codes throughout this brochure to:

- ✓ Watch school demonstrations
- ✓ See conference energisers
- ✓ Read teacher testimonials
- ✓ Explore implementation examples
- ✓ Access your 14 day free trial
- ✓ Learn about instructor training
- ✓ Explore Drumba Plus and Drumba Pro
- ✓ Contact the Drumba team directly



Let's build active, connected
schools **together**

Drumba is more than a resource.

It is a movement framework designed to help children feel **connected, confident and ready to learn.**

By combining rhythm, movement and collective participation, schools can create environments where every child feels included and successful.

From brain breaks to full curriculum delivery, Drumba provides schools with a practical and sustainable pathway into movement, wellbeing and engagement in PE and music.

Conferences, speaking & event energisers

Drumba delivers high impact conference energisers, keynote support sessions and large scale audience experiences for education, leadership, wellbeing and corporate events.

This is separate from the *Drumba for Schools* framework and is designed specifically for conferences, showcases, leadership events and live audience engagement.

A Drumba energiser is an **upbeat, accessible, wake and shake style experience** where the entire audience takes part together in a simple rhythm and movement routine designed to energise the room, connect delegates and create a memorable shared experience.





Drumba energisers can support audiences of **up to 2,000 delegates** at a time and are ideal for:

- ✓ Opening conferences
- ✓ Starting the day with energy
- ✓ Re-engaging delegates after lunch
- ✓ Introducing keynote speakers
- ✓ Creating headline moments
- ✓ Bringing large audiences together
- ✓ Wellbeing and leadership events
- ✓ Education conferences
- ✓ Staff conferences
- ✓ Trust and federation events

The experience is **light, inclusive and highly accessible**.

Delegates do not need previous experience, specialist skill or fitness confidence. The focus is on participation, rhythm, connection and shared energy.

Drumba energisers often become one of the most memorable talking points of an event, helping lift the atmosphere, break down barriers and bring people into the room physically and mentally before important speeches, sessions and keynote presentations.

DRUMBA®



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